# keep it simple science Photocopy Master Sheets 

# Years 9-10 <br> Forces <br> \& Motion 

Disk filename = "13.Motion"

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## Topics Available

| Year 7-8 |  |
| :--- | :--- |
| Disk Filename | General Science |
| ( | Topic Name |
| 01. Energy | Energy |
| 02.Forces | Forces |
| 03.Matter | Solids, Liquids \& Gases |
| 04.Mixtures | Separating Mixtures |
| 05.Elements | Elements \& Compounds |
| 06.Cells | Living Cells |
| 07.Life | Living Things |
| 08.LifeSystems | Plant \& Animal Systems |
| 09.Astronomy | Astronomy |
| 10.Earth | The Earth |
| 11.Ecosystems | Ecosystems |


| Year 9-10 | eneral Science |
| :---: | :---: |
| Disk Filename | Topic Name |
| 12.Waves | Wave Energy (inc. Light) |
| 13.Motion | Forces \& Motion |
| 14.Electricity | Electricity |
| 15.Atoms | Atoms \& Elements |
| 16.Reactions | Compounds \& Reactions |
| 17.DNA | Cell Division \& DNA |
| 18.Evolution | Evolution of Life |
| 19.Health | Health \& Reproduction |
| 20.Universe | The Universe |
| 21.EarthScience | Earth Science |
| 22.Resources | Resources \& Technology |

## Year 11-12 Science Courses

## Biology

Preliminary Core
Local Ecosystem
Patterns in Nature
Life on Earth
Evolution Aust. Biota
HSC Core
Maintain. a Balance
Blueprint of Life
Search for Better Health
Options
Communication
Genetics:Code Broken?

## Chemistry

Preliminary Core
Chemical Earth
Metals
Water
Energy
HSC Core
Production of Materials Acidic Environment Chem.Monit.\&Mngment Options
Shipwrecks, Corrosion... Industrial Chemistry

Earth \& Envir. Science
Preliminary Core Planet Earth... Local Environment Water Issues
Dynamic Earth HSC Core
Tectonic Impacts Environs thru Time Caring for the Country Option
Introduced Species

## Physics

Preliminary Core World Communicates Electrical Energy... Moving About Cosmic Engine HSC Core
Space
Motors \& Generators Ideas to Implementation Options
Quanta to Quarks
Astrophysics

## All Topics Available as PHOTOCOPY MASTERS and/or KCiC

Photocopy Masters (PDF files) Black \& White, A4 portrait-orientation for clear, economical photocopying.

KCiC = Key Concepts in Colour Full colour, formatted for on-screen study and data projection. PDF + Powerpointe

## "Mind-Map" Outline of Topic

This topic belongs to Physics, the study of energy, force and motion.
In this topic you will study the Physics of movement... speed and acceleration and how forces are involved when things move.


> Make your own "Mind-Map" TITLE PAGE. Cut out the boxes. Sort them into an appropriate lay-out on a page of your workbook, then glue them down. Add connecting arrows and colour in.


Make your own "Mind-Map" TITLE PAGE.
Cut out the boxes. Sort them into an appropriate lay-out on a page of your workbook, then glue them down. Add connecting arrows and colour in.


## Speed

When something is moving, its position changes as time goes by. It moves some distance in each second (or hour) of time.
This idea of distance moved per unit of time gives us our most basic way to study motion... the idea of speed.

## Distance, Time \& Speed

The faster an object is moving, the more distance it covers in each second, or hour.

We commonly measure speed in kilometres per hour ( $\mathrm{km} / \mathrm{hr}$ ) or in metres per second ( $\mathrm{m} / \mathrm{s}$ ). Other units are possible, but here we will mostly use only one or the other, of these.

If you walk at a speed of $4 \mathrm{~km} / \mathrm{hr}$, it means (of course) that if you keep it up for 1 hour then you will cover a distance of 4 kilometres. If you keep walking at this speed for 2 hours, you will cover 8km, and so on.

In many parts of this topic you will need a calculator to help with the number work involved.

## Mathematically,

$$
\text { Speed }=\frac{\text { Distance }}{\text { Time }}
$$

We can write this relationship in a shorter way with symbols. To avoid confusion later, get used to using the symbols as follows:

$$
v=\frac{s}{t}
$$

$\mathrm{v}=$ velocity, a technical name for speed. The difference between speed \& velocity will be explained later. We will measure speed in either $\mathrm{km} / \mathrm{hr}$ or in $\mathrm{m} / \mathrm{s}$.
$\mathrm{S}=$ distance travelled, in km or m . (Why " S " for distance? Just do it!)
$\mathrm{t}=$ time taken, in hours (hr) or seconds (s).

## Measuring Speed

The simplest and most basic way to measure how fast something is moving is to use a stop-watch to accurately measure the time taken to move over a measured distance.


Typical Results you might get.

| Vehicle | Distance (m) | Time (s) |
| :--- | :---: | :---: | :---: |
| Car | 73.5 | 5.30 |
| Bicycle | 73.5 | 21.0 |

Speed Calculations

$\quad$| $\frac{\text { Car }}{}$ | Bicycle |
| ---: | :--- |
| $v$ | $=\mathrm{S} / \mathrm{t}$ |
|  | $=73.5 / 5.30$ |
|  | $=13.9 \mathrm{~m} / \mathrm{s}$ |
| (about $50 \mathrm{~km} / \mathrm{hr}$ ) |  |
|  | $=73.5 / 21.0$ |
| (about $13 \mathrm{~mm} / \mathrm{hr}$ ) |  |

## Worksheet 1 Calculating Speed

1. 

What is the speed of a truck which travels 120 km in 1.5 hours?

$\qquad$
2.

In a 200 m athletics race, a student's time was 25.0 s . What was her speed?

$$
\begin{aligned}
v=\frac{S}{t} & = \\
& =\ldots \ldots \ldots \ldots \ldots . . \ldots \mathrm{m} / \mathrm{s}
\end{aligned}
$$

## 3.

An aircraft flew $4,000 \mathrm{~km}$ in 5 hours. What was its average speed?
4.

A bullet fired from a pistol travelled 50 metres to the target in 0.08 s . What was its speed?

## 5.

A train completed a 440 km trip in 8 hours. What was its average speed?

Student Name.

$$
\begin{gathered}
\text { If } v=S / t, \text { then } S=v \times t \\
\text { and } t=S / v
\end{gathered}
$$

6. 

In a car travelling at $80 \mathrm{~km} / \mathrm{hr}$, how far would you travel in 3.5 hr ?
7.

An arrow was fired from a bow at a speed of 120 m/s. How far will it move in 0.2 s ?
8.

A marathon runner can maintain a steady speed of $15 \mathrm{~km} / \mathrm{hr}$. How long will it take him to complete the 42 km race?
9.

Sound waves travel through air at $330 \mathrm{~m} / \mathrm{s}$. If you see a lightning flash, then hear the thunder 8s later, how far away is the lightning? (answer in m and km )

## 10.

In a parachute, falling steadily at $7.5 \mathrm{~m} / \mathrm{s}$, how long does it take to reach the ground from 3,000 m high?

## Average and Instantaneous Speed

## Average Speed

If you go somewhere by car, it is very unlikely that you will travel the whole way at the same speed.

Example: A Drive to the Beach
Total distance $=10 \mathrm{~km}$
Total time taken $=15 \mathrm{~min}$. (= 0.25 hour)

$$
V=\frac{S}{t}=\frac{10}{0.25}=40 \mathrm{~km} / \mathrm{hr}
$$

This calculated speed is the average speed for the trip. During the drive you may have stopped for traffic lights, slowed down for round-abouts and given way to traffic and pedestrians.

At some moments you were travelling much faster than the average speed, and at other times much slower.

## Instantaneous Speed

This refers to your speed at a particular instant of time.

In a car, the reading on the speedometer gives you the speed at that moment.

The "speedo" reading changes instantly if the car speeds up or slows down.

In the scientific study of motion it is the instantaneous speed that is usually of interest. The average speed over a whole journey is not very useful for studying the Physics of motion.

## How to Measure Instantaneous Speed

There are a variety of ways to measure instantaneous speed.
The method described here is a very simple one that you may use experimentally.

## The "Ticker-Timer"

This system works by attaching a long strip of paper to a moving object, such as a laboratory trolley.

| Every time the hammer hits <br> the moving strip of paper <br> it leaves a dot. |  |
| :--- | :--- |
| The string of dots can be <br> analysed to study the <br> motion of the trolley. | Moving lab. trolley <br> drags a strip of <br> paper behind it |
| "Ticker-timer" device has a small hammer <br> which vibrates up and down every 0.02 sec. |  |

When the trolley moves, it drags the paper through the "ticker-timer" device. A small hammer hits the paper every 0.02 second and leaves a dot. The string of dots is a record of both distance and time over very short time intervals.

Here is an example of what part of the


Each of these values is really the average speed over the time and distance between dots. However, this is such a short time period that it is taken to be the instantaneous speed.

## Distance - Time Graphs

These are sometimes called "travel graphs" because they can be used to describe a journey in terms of distance and time.
How to Read
the Graph

## Section A

Jane has moved 40 km in 2 hr .
$V=S / t=40 / 2=20 \mathrm{~km} / \mathrm{hr}$.

> Section B
> Jane stopped for 1 hr . Speed $=$ zero.

## Section C

Jane has moved 20 km in 2 hr . $V=S / t=20 / 2=10 \mathrm{~km} / \mathrm{hr}$.

She has moved back towards the starting point because she ends up only 20 km from where she started.


Section E Jane has moved 40 km in 1 hr . $V=S / t=40 / 1=40 \mathrm{~km} / \mathrm{hr}$.

Section G
Jane has moved 60 km in 2 hr . $V=S / t=60 / 2=30 \mathrm{~km} / \mathrm{hr}$.

She has returned to her starting point.

## Worksheet 2 Construct a Travel Graph

Student Name.

## Fred Goes Hiking

Fred left base camp heading east and walked 4 km in the first hour.

He stopped for 30 min , then walked west for 30 min , covering 1 km .

He turned east again and walked 3 km in 1 hr . He stopped and rested for 30 min , then walked back to base camp in $\mathbf{1}^{\mathbf{1}} \mathbf{I}_{\mathbf{2}}$ hours.

> Calculate Fred's speed for each part of his walk and write it along that graph section.


## Acceleration

In everyday language, to "accelerate" means to speed up and go faster. In Science, "accelerate" means any change of velocity.
So speeding up is acceleration, but slowing down is also acceleration.

Imagine a car with a "speedo" which shows its instantaneous speed in metres per second, rather than $\mathrm{km} / \mathrm{hr}$.


In 5 seconds it has accelerated from an initial speed of $5 \mathrm{~m} / \mathrm{s}$ to a final speed of $15 \mathrm{~m} / \mathrm{s}$. This means that the speed increased by $10 \mathrm{~m} / \mathrm{s}$, over 5 seconds.


Its rate of acceleration was an increase of speed of $2 \mathrm{~m} / \mathrm{s}$ per second.

## Acceleration $=2 \mathrm{~m} / \mathrm{s} / \mathrm{s} \quad\left(\mathrm{or} \mathrm{m} / \mathrm{s}^{2}\right)$

## Negative Acceleration

After travelling along at a speed of $15 \mathrm{~m} / \mathrm{s}$ (which is about $55 \mathrm{~km} / \mathrm{hr}$ ) the car approaches a red light, so the driver applies the brakes and comes to a complete stop in 5 seconds.

The change in speed was:


This means that during each second its speed slowed down by $3 \mathrm{~m} / \mathrm{s}$.

Its rate of acceleration was negative $3 \mathrm{~m} / \mathrm{s}$ per second.

$$
\text { Acceleration }=-3 \mathrm{~m} / \mathrm{s}^{2}
$$

Acceleration means any change in velocity.
Units $=$ metres per sec per sec $\left(\mathrm{m} / \mathrm{s}^{2}\right)$.
Negative value means slowing down.

## Calculating Acceleration

Mathematically:

$$
a=\frac{v-u}{t}
$$

$\mathrm{a}=$ acceleration, $\mathrm{in} \mathrm{m} / \mathrm{s}^{2}$.
$\mathrm{v}=\underline{\text { final }}$ speed (velocity) in m/s at the end of the acceleration.
$\mathrm{u}=$ initial speed (velocity) in m/s before the acceleration began.
t = time period of acceleration, in sec.

## Examples

Here are the same situations described above, but calculated mathematically.

1. Car sped up from $5 \mathrm{~m} / \mathrm{s}$ to $15 \mathrm{~m} / \mathrm{s}$ in 5s.

$$
a=\frac{v-u}{t}=\frac{(15-5)}{5}=2 \mathrm{~m} / \mathrm{s}^{2} .
$$

2. Car slowed down from $15 \mathrm{~m} / \mathrm{s}$ to zero in 5 seconds.

$$
a=\frac{v-u}{t}=\frac{(0-15)}{5}=-3 \mathrm{~m} / \mathrm{s}^{2}
$$

Negative value means to slow down.

## Worksheet 3 <br> Velocity \& Acceleration

Fill in the blank spaces.
"Speed" refers to a).
something is moving. The units of speed commonly used are b). Mathematically, speed can
be calculated by dividing c)
by d). $\qquad$
"Average speed" is total e) $\qquad$ divided by f). $\qquad$ for the entire g) "Instantaneous speed" means the speed at an h). of time.

Student Name. $\qquad$

The speedo of a car gives a measure of i)................................. speed. In the laboratory, inst. speed can be measured by using devices such as a j) ". ".

Acceleration is the rate at which k)................................ changes. It is most commonly measured in units of I).............................. If the object slows down, the acceleration is $\mathbf{m}$ )

## Worksheet 4 Calculating Acceleration

1. 

An aircraft accelerating for take-off takes 20 seconds to go from stationary ( $u=0$ ) to take-off speed of $35 \mathrm{~m} / \mathrm{s}$.
What is its rate of acceleration?
$=$
$\mathrm{m} / \mathrm{s}^{2}$.
2.

The aircraft (from Q1) lands at the same speed as it took off. ( $u=35 \mathrm{~m} / \mathrm{s}$ )
It takes 7 seconds to slow down and stop. ( $v=0$ )
What is its acceleration?

What is the significance of getting a negative answer?

Student Name
3. When a gun is fired the bullet goes from being stationary to a velocity of $800 \mathrm{~m} / \mathrm{s}$ by the time it reaches the end of the barrel in a time of 0.05 s . What is its acceleration?
4. A jet fighter plane lands on an aircraft carrier at a speed of $52 \mathrm{~m} / \mathrm{s}$. To stop it quickly, its tail hook snags an "arrester wire" which brings it to a complete stop ( $v=0$ ) in 1.6s. Acceleration rate?
5. A car was travelling at $5.0 \mathrm{~m} / \mathrm{s}$. Then it accelerated to a final velocity of $30 \mathrm{~m} / \mathrm{s}$ over a period of 10s. Acceleration?

## Worksheet 5 (2 pages) Practical Skills.

Analysing Ticker-Timer Data for an Accelerating Trolley
Down the centre of this page is an actual-size reproduction of a tickertimer paper record.

This paper strip was attached to a laboratory trolley which was allowed to roll down a ramp, along a bench, and finally up a second ramp.

Most ticker-timers make a dot on the paper every 0.02s, but this one was set to beat only every 0.1 second.

Because of the small scale of this motion study, all distances will be in millimetres ( mm ) and speed will be in millimetres per second ( $\mathrm{mm} / \mathrm{s}$ ).
Question
What was the total distance moved by the
trolley? Measure carefully with a ruler trolley? Measure carefully with a ruler.
(in millimetres)

## Question 2

What was the total time of the motion? (count gaps, not dots!)

## Question 3

Calculate the average speed ( $\mathrm{mm} / \mathrm{s}$ ) of the trolley for the entire motion. (show working)
(round-off answer to the nearest $1 \mathrm{~mm} / \mathrm{s}$ )

Question 4
Do you think that calculating the average speed is a good way to study this motion? Why, or why not?

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Student Name

## Data Table 1

Measure the distance (in mm ) from the start dot to each of the others, and fill in the data table.

| Total Time <br> from start <br> (s) | Total Distance <br> from start <br> (mm) |
| :---: | :---: |
| 0 | 0 |
| 0.1 | 4 |
| 0.2 | 10 |
| 0.3 | 18 |
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## Data Table 2

- Measure the distance from each dot to the next, and record. For each distance, divide it by 0.1 s to calculate the instantaneous speed at that time.


## Worksheet 5 (cont.) Distance-Time Graph

Plot the data from Data Table 1 to construct a distance-time graph. If the points do not lie in a straight line, join them with an even curve.


## \&

8
60

\section*{9

## 

## 



To answer these questions you need to look carefully at the shape of your graph, AND the pattern of dots on the ticker-timer record AND look at the speeds shown in Table 2.

## Question 5

a) Did the trolley travel at the same speed for any period of the motion? If so, when?
b) Find this time period on your graph. What shape is the graph over this period?
c) Label this part of the graph "constant speed".

Question 6
a) Was the trolley speeding up (accelerating) for any period of the motion. If so, when?
b) Find this time period on your graph. What shape is the graph over this period?
c) Label this part of the graph " + acceleration".

## Question 7

a) Was the trolley slowing down (decelerating) for any period of the motion. If so, when?
b) Find this time period on your graph. What shape is the graph over this period?
c) Label this part of the graph "- acceleration".

## Question $8 \quad$ Fill in the blank spaces.

When an object is travelling at constant speed a D-T graph is a) $\qquad$
(shape of graph). The ticker-timer tape shows dots which are b)
(describe pattern of dots during this time)

When an object is accelerating (faster) the D-T graph is c)
(shape of graph). The ticker-timer tape shows dots which are d) $\qquad$
(describe pattern of dots during this time)

When an object is decelerating, the $\mathrm{D}-\mathrm{T}$ graph is e). $\qquad$ (shape of
graph). The ticker-timer tape shows dots which are f). $\qquad$ (describe pattern of dots during this time)

## Equations of Motion

Here is what you have so far in the calculations department:

## Speed Equation

$$
v=\frac{S}{t}
$$

Used to:
calculate speed, distance, or time.

Limitations: only works for average speed or constant speed. Cannot work with accelerations.

## Acceleration Equation



Used to:
calculate acceleration from speed change \& time.

Limitations: does not include distance.

## Two More Useful Equations

This is the "Acceleration Equation" turned around with a little algebra. It is often more useful in this form.

$$
v=u+a t
$$

v = final speed (velocity), in m/s.
$\mathbf{u}=$ initial speed, in $\mathrm{m} / \mathrm{s}$.
$a=$ acceleration, in $\mathrm{m} / \mathrm{s}^{2}$.
$\mathrm{t}=$ time, in seconds.

## Example

A speedboat is travelling at a speed of $5.0 \mathrm{~m} / \mathrm{s}$. When the throttle is opened it accelerates at $1.5 \mathrm{~m} / \mathrm{s}^{2}$ for 20 s . What is its final speed?

## Solution:

$$
\begin{aligned}
v & =u+a t \\
& =5.0+(1.5 \times 20) \\
& =35 \mathrm{~m} / \mathrm{s}
\end{aligned}
$$

Final speed is $35 \mathrm{~m} / \mathrm{s}$.

## Distance - Acceleration Equation

$$
S=u t+{ }^{1}{ }_{2} a t^{2}
$$

$\mathrm{S}=$ distance travelled, in m .
$\mathbf{u}=$ initial speed, in $\mathrm{m} / \mathrm{s}$.
$\mathrm{a}=$ acceleration, in $\mathrm{m} / \mathrm{s}^{2}$.
$\mathrm{t}=$ time, in seconds.
This equation is very useful for finding the distance covered while something is accelerating.

## Example

For the boat described in the example above, what distance did it cover during the acceleration?

## Solution:

$$
\begin{aligned}
\mathrm{S} & =u t+1 /{ }_{2} \mathrm{at}^{2} \\
& =5.0 \times 20+0.5 \times 1.5 \times 20^{2} \\
& =100+300 \\
& =400 \mathrm{~m}
\end{aligned}
$$

The boat travels 400 m .

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## Worksheet 6 <br> Equations of Motion

1. A Formula 1 racing car can go from a standing start to $60 \mathrm{~m} / \mathrm{s}$ (that's over $200 \mathrm{~km} / \mathrm{hr}$ ) in 12s. Find the acceleration rate. (Use $\mathrm{a}=(\mathrm{v}-\mathrm{u}) / \mathrm{t}$ )
2. What distance would the car in Q1 cover during this acceleration?
(Use S=ut+0.5at ${ }^{2}$ )
3. Approaching a corner at $\mathrm{u}=60 \mathrm{~m} / \mathrm{s}$, the driver of the F1 car applies the brakes to slow down. The brakes provide an acceleration of $-6.0 \mathrm{~m} / \mathrm{s}^{2}$ (negative means deceleration) for 4.5 s . What speed does it slow down to? (Use v=u+at)
4. To get into orbit, the Space Shuttle accelerates at $45 \mathrm{~m} / \mathrm{s}^{2}$ for 8 minutes. (Convert this to seconds) What velocity does it achieve? ( $v=u+a t$ )

Student Name
5. What distance does the Shuttle cover during launch? ( $\mathrm{S}=\mathrm{ut}+0.5 \mathrm{at}^{2}$ )
Convert the answer into km.
6. What rate of acceleration is needed to slow an aircraft down from a cruising speed of $300 \mathrm{~m} / \mathrm{s}$ to landing speed of $60 \mathrm{~m} / \mathrm{s}$ in a time of 5 minutes? ( $5 \mathrm{~min}=$ ?? sec) (care: deceleration!)
7. What distance will the aircraft (Q6) cover during this deceleration?
8. A car is travelling at $5 \mathrm{~m} / \mathrm{s}$ and then accelerates to a final speed of $25 \mathrm{~m} / \mathrm{s}$. The rate of acceleration was $2.0 \mathrm{~m} / \mathrm{s}^{2}$. How much time did the acceleration take? (hint: may need to change the subject of an equation by algebra.)
(How many km per sec is this?)

## Force Causes Acceleration

So far in this topic we have been describing movements in terms of distance, time, speed and acceleration.
Now you will learn what causes acceleration.

## What is a Force?

A force is a push or a pull.
Forces are measured in units called newtons ( N ).



When you pull on the rope a force is transmitted through the rope to pull on the box and drag it along


Opposite poles attract


Some forces, such as gravity and magnetism, can push or pull on things without touching them.

## Balanced \& Unbalanced Forces

If you are riding a bike at constant speed on a level road, the forces are equally balanced.


The force pushing you forward (from you pedalling) is exactly equal to the forces of friction and air resistance pushing backwards and trying to stop you.


Whenever the forces acting on anything are exactly balanced (i.e. they are equal and opposite, and cancel out) the object will travel at a constant speed, or remain still.

When the forces are NOT balanced, acceleration occurs.

Force causes acceleration. Acceleration can only happen when a "net force" (the total unbalanced force) acts on a mass.

The bigger the force, the greater the acceleration. However, the bigger the mass, the less the acceleration.

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## Newton's Laws of Motion

Sir Isaac Newton (English, 1642-1727) was the first to figure out the connection between unbalanced forces and accelerations

## Newton's 1st Law

Note that it doesn't mean there has to be NO forces acting, just no net force.

There may be many forces acting on something, but if they are balanced and all cancel out (because they push in opposite directions) then the object will keep moving at constant velocity.


> If there is no net force acting, an object will keep moving at a constant velocity in a straight line. If not moving, it will remain at rest.

This law is sometimes called the "Law of Inertia". Inertia is the tendency of things to keep moving when things around them slow down or speed up.

INERTIA in a Sudden Stop


## Newton's 2nd Law

When a net force acts, it causes an acceleration in the direction of the force.

The bigger the force the greater the acceleration. The larger the mass the smaller the acceleration.

This law describes what happens when forces are unbalanced.
Mathematically:

$$
\begin{aligned}
& F=m a \quad \text { or } \quad a=\frac{F}{m} \\
& F=\text { net force, in newtons }(N) . \\
& m=\begin{array}{c}
\text { mass of the object the force is } \\
\text { acting on, in kilograms }(\mathrm{kg})
\end{array} \\
& a=\text { acceleration rate, in } \mathrm{m} / \mathrm{s}^{2} .
\end{aligned}
$$

## Example problems

1. 

If a net force of 10 N pushes on a 4.0 kg trolley, what is the acceleration rate?

## Solution

$$
\begin{aligned}
a=F / m & =10 / 4.0 \\
& =2.5 \mathrm{~m} / \mathrm{s}^{2} .
\end{aligned}
$$

The trolley will accelerate at $2.5 \mathrm{~m} / \mathrm{s}^{2}$.
2.

What net force is required to make a $1,000 \mathrm{~kg}$ car accelerate at $4.0 \mathrm{~m} / \mathrm{s}^{2}$ ?

Solution

$$
\begin{aligned}
F=m a= & 1,000 \times 4.0 \\
& =4,000 \mathrm{~N} .
\end{aligned}
$$

A 4,000 N net force is required.

## Worksheet 7 <br> Force \& Acceleration

## 1.

What net force is needed to make a car with mass 800 kg accelerate at $2.5 \mathrm{~m} / \mathrm{s}^{2}$.

$$
\begin{aligned}
F=m a & =~ . . . . . . . . . . . . . . . . . ~ x ~ . . . . . . . . . ~ \\
& =\text {.......................... } \mathrm{N}
\end{aligned}
$$

$\qquad$

## 2.

A bullet with a mass of 20 g ( $=0.020 \mathrm{~kg}$ ) is accelerated through the gun barrel at $50,000 \mathrm{~m} / \mathrm{s}^{2}$. What net force was pushing it?
b) Starting from rest ( $u=0$ ), what final velocity could it reach? ( $v=u+a t$ )
c) What distance can it cover while accelerating for 5.0 s?
6.

A car was travelling at $20 \mathrm{~m} / \mathrm{s}$ when the brakes were applied for 5.0 s . This slowed the car down to a final speed of $5.0 \mathrm{~m} / \mathrm{s}$.
a) What was the acceleration rate?
b) The force acting in the brakes was measured to be -1,200N. What was the mass of the car?
c) What do you think is the meaning of the force having a negative value?

## Speed \& Velocity

Up until now, we have been using these words as if they mean the same thing. Now (finally) you will find out the difference.

## Constant Speed, but Changing Velocity?

## Turning a Corner

Imagine you are travelling in a car and you watch the "speedo" carefully as you go around a smooth corner. Your speed stays exactly the same.

That is constant speed, but it is NOT constant velocity.

The difference is direction.
"Speed" means how fast you are going.
"Velocity" means how fast you are going in a particular direction.

All forces are balanced, so no acceleration. This is constant velocity and constant speed.

A net force acts sideways to make the car turn the corner. This change of direction is an acceleration, so the velocity is changing. However, the speed remains constant.

To go around the corner a net force must have acted on the car. (If no net force acted, it would have continued on in a straight line... Newton's 1st Law)

A net force pulled the car sideways so it would turn the corner. It did not speed up or slow down, but it changed direction, so its velocity changed.

> A change of direction counts as a change of velocity even if the speed remains the same.
> Any change of direction requires a net force to act and involves acceleration.
Looking From Above
at a Turning Car

## Another Example of Inertia

While going around the corner you might see another good example of inertia, as well.

A tennis ball (or an orange) on the dashboard seems to roll sideways as the car turns the corner.

The ball is trying to obey Newton's 1st Law and keep travelling at constant velocity in a straight line. As the car turns the corner to the right, the ball rolls to the left side of the car. If the window is open it may fly out and go straight ahead at a tangent to the curve.

## Newton's 3rd Law

Sir Isaac Newton didn't stop at just 2 laws describing the effects of forces.

## Action - Reaction

Newton's 3rd Law is best explained by example, and by considering why rockets move and guns kick back.


Action force blasts the exhaust gases backwards. Reaction force thrusts the rocket forward.


When a cannon fires, there is always a "recoil" or kick-back.


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## Mass, Weight \& Gravity

The force of gravity holds the planets in their orbits.
It causes things to fall down, and it is what causes things to have "weight".

## Acceleration Due to Gravity

Gravity is a force, so according to Newton's 2nd Law it can cause falling objects to accelerate.

If there was no air resistance, any object near the Earth would accelerate downwards at close to $10 \mathrm{~m} / \mathrm{s}^{2}$.

We call this value " g " - the acceleration rate due to gravity.

$$
\mathrm{g} \cong 10 \mathrm{~m} / \mathrm{s}^{2} \text { on Earth. }
$$



In reality, there is air resistance, so these skydivers do not keep accelerating downwards, but reach "terminal velocity" and do not go any faster.

## Calculating Weight

Newton's 2nd Law Equation is $F=m a$.
If we're talking about gravity, then " $a$ " is the acceleration of gravity " $g$ ".

So the equation becomes $F=m g$.
This is the force due to gravity, acting on the mass... the weight of the object.

## Example Calculations

What is the weight of a 65 kg person on Earth?

Solution

$$
\begin{aligned}
F=m g & =65 \times 10 \\
& =650 \mathrm{~N} .
\end{aligned}
$$

The person weighs 650 N on Earth.

## Mass and Weight

Gravity pulls on all objects because of their "mass". Mass is a measure of how much matter, or how much "substance", an object contains.

Mass is measured in kilograms (kg).
Unfortunately, in everyday life there is confusion about "mass" and "weight".

When a person says "I weigh 65 kg " they really should say "My mass is 65 kg ... my weight depends on where I am".

Weight is the force of gravity acting on your mass. Since weight is a force it is measured in newtons $(\mathrm{N})$.

The strength of this force depends on where you are within a gravitational field, so the same object can have different weights in different places.


What would a 65 kg person weigh on the Moon, where $\mathrm{g}=1.6 \mathrm{~m} / \mathrm{s}^{2}$ ?
Solution

$$
\begin{aligned}
F=m g & =65 \times 1.6 \\
& =104 \mathrm{~N} .
\end{aligned}
$$

Person weighs only 104 N on the Moon.

## Worksheet 8 Newton's Laws

Fill in the blank spaces.

The forces acting on an object are said to be a) ". " if they cancel each other so that the b)
force is zero.
If this is the case, the object will continue moving with a c) $\qquad$
If it is stationary, it will
d)................................................ This is

Newton's e).............. Law, which is sometimes called the "Law of Inertia".

An example of inertia is the tendency of things to continue f) $\qquad$ forward when a vehicle stops. It is the reason why g) and
"air bags" are needed for car safety.

Student Name.
If the forces acting on something are h). then a net force will
act and cause i).................................... in
the same direction as the j).
This is $\mathbf{k}$ ). Law.

The bigger the force, the I) $\qquad$ the acceleration, but the bigger the mass of the object, the m) the $n$ ). will be.

Newton's o). states
that whenever a force acts, another forces pushes back. This 'reaction" force is $p$ ) and $\qquad$ to the "action" force. This Law explains why rockets work, why guns q) when fired, and even why you can walk forward by r) on the ground.

## Worksheet 9 Mass, Weight, Gravity

1. Fill in the blank spaces.
"Mass" means the amount of a) an object contains and is measured in b). Weight is a c). $\qquad$ due to gravity pulling the mass towards the Earth. Weight is measured in d).

Gravitational force causes objects to e). downwards at a rate of almost f) $\qquad$ $\mathrm{m} / \mathrm{s}^{2}$, if there is no g). resistance.
2. If there was no air resistance, what downward speed would you reach if falling under gravity for 30s? (v=u+at)

Student Name
3. A person has a mass of 82 kg . What is their weight:
a) on Earth? ( $\mathrm{g}=10 \mathrm{~m} / \mathrm{s}^{2}$ ) (use $\mathrm{F}=\mathrm{mg}$ )
b) on the Moon? $\left(g=1.6 \mathrm{~m} / \mathrm{s}^{2}\right)$
c) on planet Jupiter? $\left(\mathbf{g}=\mathbf{2 7} \mathrm{m} / \mathrm{s}^{2}\right)$
4. An alien weighs $1,600 \mathrm{~N}$ on the Moon.
a) What is its mass?
b) What is its weight on Earth?
c) What is its mass on Earth?

## Testing Theories and Laws

The key idea of the "Scientific Method" is that we do not accept anything as "fact" unless it has been thoroughly tested by observation and experiment.

About 300 years ago, Sir Isaac Newton proposed his "Laws of Motion" and also a "Law of Gravitation" which described the force of gravity mathematically.

His ideas were not simply accepted as correct just because he said so!

Careful experiments have been carried out by thousands of scientists to test his ideas.

In the case of gravitation, careful observation of the

the "test". If his idea was right it would have to fit perfectly with the observations... and it did!

The many experiments and observations of forces and accelerations, orbiting satellites, etc. have confirmed that Newton's Laws are correct.

If the evidence had shown that his "Laws" didn't work, they would have been rejected long ago.

Even though we believe Newton's Laws to be correct, there is still the possibility that new evidence will prove them wrong.
A good scientist always keeps an open mind.

In fact, we now know that these laws are only approximations which work well in the ordinary world. At extreme high speeds, or down at the atomic scale, Newton's Laws do NOT work properly.

Science has developed other "theories" to explain things that Newton's Laws cannot cope with. For example, Einstein's "Theory of Relativity" has been tested again and again by experiment and observation. So far, we believe it works!

## Testing Newton's 2nd Law

You might test the $F=$ ma law in the laboratory as suggested below.


What would confirm 2nd Law?

- more force on the string
causes greater acceleration.
- More mass on the trolley causes less acceleration, for the same force pulling the string.

You can experiment by:

- Adding more hanging masses. This increases the gravitational force pulling on the string.
How does this change the acceleration?
- Adding a large mass to the trolley, but leave the same amount of mass hanging on the string.
How does this change the acceleration?


## Topic Test Forces \& Motion

Answer all questions in the spaces provided.

## 1. (5 marks)

Match each description to an item from the list. To answer, write the letter (A,B,C, etc) of the list item beside the description.

Description matches with

## List Item

a) A change of velocity.
b) The tendency of things to keep moving when a car stops.
c) What forces cause to happen.
d) Unit of weight.
e) A force due to 3rd Law
$\qquad$
$\qquad$
$\qquad$

## List Items Not all will be used.

Some may be used more than once.
A. newton
D. inertia
B. acceleration
E. reaction
C. speed
F. kilogram

Score $=$
I

$$
\begin{array}{ll}
\text { Useful Equations } \\
\mathrm{a}=(\mathrm{v}-\mathrm{u}) / \mathrm{t} & \mathrm{~F}=\mathrm{ma}
\end{array}
$$

4. (7 marks)

a) Calculate Suzie's speed for the first half-hour. Show working.
5. (1 marks)

Here is part of a "ticker-tape" record of the motion of a trolley.
Describe what the trolley was doing.

3. (3 marks)

What force is needed to accelerate a 900 kg car at $3.0 \mathrm{~m} / \mathrm{s}^{2}$ ?
c) Describe what she was doing in section $E$.
d) How far did Suzie travel altogether?
e) Calculate her average speed for the entire journey. (show working)
5. (4 marks)
a) Why is it scientifically incorrect for someone to say "my weight is 55 kg ".
b) What is this person's weight?
( $\mathrm{g}=10 \mathrm{~m} / \mathrm{s}^{2}$ ) Show working.
6. (3 marks)

Which of Newton's Laws are involved in each of these situations?
a) When the brakes were applied a truck slowed down and stopped.
b) When the cannon fired, it jumped backwards.
c) In a sudden stop, a book on the car seat slid forward onto the floor.
7. (5 marks)

The diagram shows an aircraft in flight.

Four forces are acting on it, labelled P,Q, R \& S.

a) Which pairs of forces must be equal for the aircraft to fly at a constant velocity and height?

Pair 1 = $\qquad$ and $\qquad$
Pair 2 = $\qquad$ and
b) Which 2 forces would have to be increased for the plane to fly faster and higher?
c) A passenger jumps from the plane to parachute down. As he jumps, the pilot notices that the plane climbs to a new height, even though none of the controls were moved. Explain why the plane climbed.
Refer to 2 of the forces in the diagram.

## Your teacher will tell you whether or not to attempt this question.

## 8. (6 marks)

A bicycle and its rider (total mass 80 kg ) were travelling at an initial speed of $5.0 \mathrm{~m} / \mathrm{s}$ on a level road. Then, by pedalling harder, the rider applied an net force of 120 N for 6.0 s .
a) Use $F=m a$ to find the acceleration of the bike.
b) Use v=u+at to find the final speed of the bike.
c) Use $S=u t+0.5 a t^{2}$ to find how far the bike travelled during the acceleration.

## Answer Section

## Worksheet 1

1. 

$\mathrm{v}=\mathrm{S} / \mathrm{t}=120 / 1.5=80 \mathrm{~km} / \mathrm{hr}$
2.
$v=S / t=200 / 25=8.0 \mathrm{~m} / \mathrm{s}$
3.
$v=S / t=4,000 / 5=800 \mathrm{~km} / \mathrm{hr}$
4.
$v=S / t=50 / 0.08=625 \mathrm{~m} / \mathrm{s}$
5.
$\mathrm{v}=\mathrm{S} / \mathrm{t}=440 / 8=55 \mathrm{~km} / \mathrm{hr}$
6.
$\mathrm{S}=\mathrm{vxt}=80 \times 3.5=280 \mathrm{~km}$
7.
$\mathrm{S}=\mathrm{vxt}=120 \times 0.2=24 \mathrm{~m}$
8.
$\mathrm{t}=\mathrm{S} / \mathrm{v}=42 / 15=2.8 \mathrm{hr}$
9.
$\mathrm{S}=\mathrm{vxt}=330 \times 8=2,640 \mathrm{~m}=2.64 \mathrm{~km}$
10.
$\mathrm{t}=\mathrm{S} / \mathrm{v}=3,000 / 7.5=400 \mathrm{~s}$ (almost 7 min .)

## Worksheet 2



## Worksheet 3

a) how fast
b) $\mathrm{m} / \mathrm{s}$ or $\mathrm{km} / \mathrm{hr}$
c) distance
d) time
e) distance
f) time
g) journey
h) instant
i) instantaneous
j) "ticker-timer"
k) speed/velocity
l) $\mathrm{m} / \mathrm{s}^{2}$
m) negative

## Worksheet 4

1. 

$a=(v-u) / t=(35-0) / 20=1.75 \mathrm{~m} / \mathrm{s}^{2}$.
2.
$a=(v-u) / t=(0-35) / 7=-5.0 \mathrm{~m} / \mathrm{s}^{2}$.
Negative accel. means slowing down.
3.
$a=(v-u) / t=(800-0) / 0.05=16,000 \mathrm{~m} / \mathrm{s}^{2}$.
4.
$\mathrm{a}=(\mathrm{v}-\mathrm{u}) / \mathrm{t}=(0-52) / 1.6=-32.5 \mathrm{~m} / \mathrm{s}^{2}$.
5.
$a=(v-u) / t=(30-5) / 10=2.5 \mathrm{~m} / \mathrm{s}^{2}$.

## Worksheet 5-see next page

Worksheet 6

1. $\mathrm{a}=(\mathrm{v}-\mathrm{u}) / \mathrm{t}=(60-0) / 12=5.0 \mathrm{~m} / \mathrm{s}^{2}$.
2. $\mathrm{S}=\mathrm{ut}+{ }^{1} \mathrm{I}_{2} \mathrm{at}^{2}=0+0.5 \times 5 \times 12^{2}$ $=360 \mathrm{~m}$.
3. $v=u+a t=60+(-6.0 \times 4.5)$

$$
=60-27=33 \mathrm{~m} / \mathrm{s} .
$$

4. $8 \mathrm{~min}=480 \mathrm{~s}$
$\mathrm{v}=\mathrm{u}+\mathrm{at}=0+45 \times 480=21,600 \mathrm{~m} / \mathrm{s}$ $=21.6 \mathrm{~km} / \mathrm{s}$
5. $\mathrm{S}=\mathrm{ut}+{ }^{1} /{ }_{2} \mathrm{at}^{2}=0+0.5 \times 45 \times 480^{2}$

$$
\begin{aligned}
& =5,184,000 \mathrm{~m} \\
& =5,184 \mathrm{~km}
\end{aligned}
$$

6. $5 \mathrm{~min}=300 \mathrm{~s}$.
$\mathrm{a}=(\mathrm{v}-\mathrm{u}) / \mathrm{t}=(60-300) / 300=0.80 \mathrm{~m} / \mathrm{s}^{2}$.
7. $\mathrm{S}=\mathrm{ut}+{ }^{1} /{ }_{2} \mathrm{at}^{2}$
$=300 \times 300+0.5 \times(-1.80) \times 300^{2}$
= 90,000-81,000
$=9,000 \mathrm{~m}(9 \mathrm{~km})$
8. $v=u+a t$, so $t=(v-u) / a$

$$
\begin{aligned}
& =(25-5) / 2.0 \\
& =10 \mathrm{~s} .
\end{aligned}
$$

## Worksheet 5

Q1. 188mm
Q2. 1.5 s
Q3. $v=S / t=188 / 1.5=125 \mathrm{~mm} / \mathrm{s}$
Q4. No, because it sped up and slowed down, so the average doesn't tell you much about the motion at all.

Data Table 1

| Total Time <br> from start <br> $(\mathrm{s})$ | Total Distance <br> from start <br> $(\mathrm{mm})$ |
| :---: | :---: |
| 0 | 0 |
| 0.1 | 4 |
| 0.2 | 10 |
| 0.3 | 18 |
| 0.4 | 28 |
| 0.5 | 40 |
| 0.6 | 54 |
| 0.7 | 70 |
| 0.8 | 88 |
| 0.9 | 108 |
| 1.0 | 128 |
| 1.1 | 148 |
| 1.2 | 164 |
| 1.3 | 176 |
| 1.4 | 184 |
| 1.5 | 188 |

## Data Table 2

| Total Time <br> from start <br> $(\mathrm{s})$ | Distance in <br> this 0.1s <br> $(\mathrm{mm})$ | Instant. <br> Speed <br> $(\mathrm{mm} / \mathrm{s})$ |
| :---: | :---: | :---: |
| 0.1 | 4 | $410.1=40$ |
| 0.2 | 6 | $6 / 0.1=60$ |
| 0.3 | 8 | 80 |
| 0.4 | 10 | 100 |
| 0.5 | 12 | 120 |
| 0.6 | 14 | 140 |
| 0.7 | 16 | 160 |
| 0.8 | 18 | 180 |
| 0.9 | 20 | 200 |
| 1.0 | 20 | 200 |
| 1.1 | 20 | 200 |
| 1.2 | 16 | 160 |
| 1.3 | 12 | 120 |
| 1.4 | 8 | 80 |
| 1.5 | 4 | 40 |

Q5. a) Yes, between 0.9-1.1s same speed.
b) straight line
c) on graph

Q6. a) Yes from start to 0.9 s .
b) upward curve
c) on graph

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## Worksheet 5 (cont.)

 Q7.a) Yes, from 1.2 s to the end.
b) downward curve $\quad$ c) on graph

## Q8.

a) straight line
b) evenly spaced
c) upward curve
d) spreading apart
e) downward curve
f) getting closer

## Worksheet 7

1. $F=m a=800 \times 2.5=2,000 \mathrm{~N}$.
2. $F=m a=0.020 \times 50,000$

$$
=1,000 \mathrm{~N} .
$$

3. a$) \mathrm{a}=(\mathrm{v}-\mathrm{u}) / \mathrm{t}=(25-3) / 11=2.0 \mathrm{~m} / \mathrm{s}^{2}$.
b) $F=m a=5,000 \times 2.0=10,000 \mathrm{~N}$.
4. $F=m a=0.050 \times 800=40 \mathrm{~N}$.
5. a) $a=F / m=25 / 0.5=12.5 \mathrm{~m} / \mathrm{s}^{2}$.
b) $\mathrm{v}=\mathrm{u}+\mathrm{at}=0+12.5 \times 5.0=62.5 \mathrm{~m} / \mathrm{s}$.
c) $\mathrm{S}=\mathrm{ut}+{ }^{1} /{ }_{2} \mathrm{at}{ }^{2}=0+0.5 \times 12.5 \times 5^{2}$

$$
\text { = } 156 \text { m. }
$$

6. a) $\mathrm{a}=(\mathrm{v}-\mathrm{u}) / \mathrm{t}=(5.0-20) / 5.0=-3.0 \mathrm{~m} / \mathrm{s}^{2}$.
b) $F=m a$, so $m=F / a=-1,200 /-3.0$

$$
=400 \mathrm{~kg} .
$$

c) Negative force means it is pushing against the motion, so it slows the car down.

## Worksheet 8

a) balanced
b) net
c) constant velocity
d) remain at rest
e) 1 st
f) moving
g) seatbelts
h) unbalanced
j) force
I) bigger
i) acceleration
n) acceleration
k) Newton's 2nd
m) less
p) equal \& opposite
q) recoil
o) 3rd Law
r) pushing back

## Worksheet 9

1. 

a) matter
b) $\mathbf{k g}$
c) force
d) newtons ( N )
e) accelerate
f) 10
g) air
2. $\mathrm{v}=\mathrm{u}+\mathrm{at}=0+10 \times 30=300 \mathrm{~m} / \mathrm{s}$.
3. a) $F=m g=82 \times 10=820 \mathrm{~N}$.
b) $F=m g=82 \times 1.6=131 \mathrm{~N}$.
c) $F=m g=82 \times 27=2,214 \mathrm{~N}$.
4. a) $F=m g$, so $m=F / g=1,600 / 1.6$ $=1,000 \mathrm{~kg}$.
b) $F=m g=1,000 \times 10=10,000 \mathrm{~N}$.
c) $1,000 \mathrm{~kg}$ (always stays the same)

## Topic Test <br> 1.

a) B
b) D
c) $B$
d) A
e) E
2.

Slowing down, decelerating.
3.
$F=m a=900 \times 3.0=2,700 \mathrm{~N}$.
4.
a) $v=S / t=12 / 0.5=24 \mathrm{~km} / \mathrm{hr}$.
b) stopped
c) Moving back to starting point.
d) 12 km each way, so 24 km .
e) $v=S / t=24 / 4=6.0 \mathrm{~km} / \mathrm{hr}$.
5.
a) Weight is a force so its units should be newtons, not kg.
b) $F=m g=55 \times 10=550 \mathrm{~N}$.
6.
a) 2nd
b) 3rd
c) 1 st
7.
a) $S \& Q$ and $P \& R$
b) P and Q
c) When the passenger jumps, the weight of the plane decreases, so force $R$ is less. Force $P$ is still the same, so it lifts the plane up.
8.
a) $F=m a$, so $a=F / m=120 / 80=1.5 \mathrm{~m} / \mathrm{s}^{2}$.
b) $v=u+a t=5.0+1.5 \times 6.0=14 \mathrm{~m} / \mathrm{s}$.
c) $\mathrm{S}=\mathrm{ut}+{ }^{1} /{ }_{2} \mathrm{at}^{2}=5.0 \times 6.0+0.5 \times 1.5 \times 6.0^{2}$

$$
\begin{aligned}
& =30+27 \\
& =57 \mathrm{~m} .
\end{aligned}
$$

